.223 come down 7 minutes from 500 (28 clicks)
LOAD
SHOTS_______ SHOTS_______
HITS_______ HITS_______

.223 come down 4-1/4 min. from 600 (17 clicks)
LOAD
SHOTS_______ SHOTS_______
HITS_______ HITS_______

Easy Swing_______________________ Power Swing_______________________
Left
Power__________________________ Anchor__________________________
Pivot__________________________ Right
Hammer________________________ Power Swing_______________________